

Platelet Rich Fibrin (PRF) Hair Treatment Pre and Post Treatment Instructions

Prior to your treatment:

- Do not dye hair within 48 hours of your treatment.
- Wash your hair the morning of your appointment.
- It is best to arrive with no product in your hair.
- Be sufficiently hydrated prior to your appointment as your blood will be drawn for this treatment.
- Arrive 15 minutes early to fill out paperwork/consents.

Following your treatment:

- You may take a warm shower as soon as the evening after your appointment. You may massage the area with warm water, but DO NOT wash your hair with shampoo for 24 hours after your treatment.
- Do not dye hair for 48 hours after treatment.
- No other restrictions.

Please call our office if you have any questions or concerns.